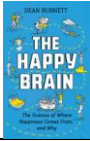








**Llandaff 50+**  
**Wednesdays at 10.00am – talks begin at 10.30am**  
**At Llandaff Institute, High Street, Llandaff**  
**Jan-Apr 2019 Programme - Admission £2.00 & £1 coffee**

9 <sup>th</sup> Jan	<b>The Llandaff Society Archive – the archivist</b> takes another peek into the Llandaff Society's photo albums	
16 <sup>th</sup> Jan	<b>RNLI - Laurie Pavelin</b> - Chairman, RNLI Penarth talks about the RNLI's current role, and what it's like for the crew in a lifeboat station	 <b>Lifeboats</b>
23 <sup>rd</sup> Jan	<b>I've Got Down's Syndrome – So What?</b> <b>Cllr Sara Pickard</b> shares some of the key events and amazing experiences throughout her life that have helped make her who she is!	
30 <sup>th</sup> Jan	<b>A Pictorial and Video History of Cardiff – Steven Abbott</b> shows Cardiff 'Then and Now' by looking at some of our favourite landmarks	
6 <sup>th</sup> Feb	<b>Nantgarw Pottery – Charles Fountain</b> gives an insight into the recreation of the 200 year old recipe for, possibly, the finest porcelain ever made	
13 <sup>th</sup> Feb	<b>The Role of the Royal Engineers after the Falklands War – Paul Adams</b> gives an overview of the activity of up 3,000 Royals Engineers in the Falkland Islands	
20 <sup>th</sup> Feb	<b>Saving the Planet – David Tandy</b> explains why we need to recycle, what happens to Cardiff's waste and what should go in your 'green bin bag'	
27 <sup>th</sup> Feb	<b>Test your General Knowledge –</b> join in this fun quiz and win a prize (or two!)	

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<b>6th Mar</b>	<b>What Makes Your Brain Happy? –</b> Neuroscientist <b>Dr Dean Burnett</b> delves into the workings of our minds to find what it means to be happy!	
<b>13th Mar</b>	<b>St John's Cymru – Dr Liz Bragg</b> tells us about Wales' leading first aid charity – who they are and what they do	
<b>20th Mar</b>	<b>Visit to the Rare Book Collection at Cardiff University – Sarah Huws</b> follows up our talk last June by showing us the collection	
<b>27th Mar</b>	<b>William Edwards, Bridge Builder – Brian Davies</b> tells about the Pontypridd Bridge builder and his work, which has some unexpected connections	
<b>3rd Apr</b>	<b>Visit to St Fagans National Museum of History –</b> we will meet Curator, <b>Elizabeth Walker</b> , for a talk and then have a tour of the new galleries	
<b>10th Apr</b>	<b>From Top to Toe – Rosemary Scadden</b> takes a look at the social history of our modern day clothing	
<b>17th Apr</b>	<b>The Americans in South Wales and Cardiff during World War II –</b> we welcome back <b>Glenn Booker</b> . (This talk replaces the previously advertised talk)	

This programme is liable to change at short notice. Information about 50+ can be found on [www.llandaff50plus.com](http://www.llandaff50plus.com)

To receive a regular programme by email, please contact: [info@llandaff50plus.com](mailto:info@llandaff50plus.com)

**Your 50+ committee are Diana Langmaid, Jan Joynson, Jill Matthews, Katharine Harry, Lillias French and Yvonne Apsitis**