



Llandaff 50+

Patrons: Baroness Finlay of Llandaff
Matthew Williams, Emeritus Curator of Cardiff Castle



Virus News 30 – Wednesday 7th October 2020

We hope you're all keeping well and safe. Here are the **new** Welsh Government regulations:

You cannot enter (or leave) the county of Cardiff and most Welsh counties without good reason. Only travel within your county if really necessary, five miles is a suggested distance.

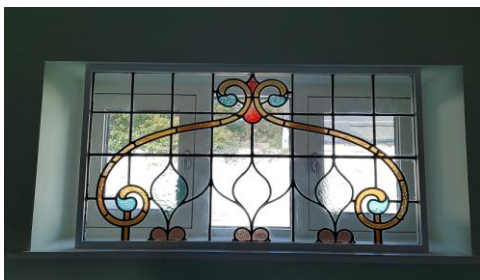
*Shielding has currently ended in Wales but people in this group, in particular, should pay strict attention to physical distancing of **2m and regular hand-washing**. If you have symptoms, **stay at home** and take a test. Many GPs are advising shielding to resume for vulnerable people.*

*You can only be indoors with **your own household**, this includes being in a **pub, cafe, off licence or restaurant**, all of which will now close at **10pm**. If you live alone, you can form a bubble with **one other household**.*

Everyone must wear face coverings in shops and indoor public places. Up to 30 people may meet outdoors. These rules do not apply to children under 11.

It looks as though we may be under lockdown for quite a while so, **if you need help with shopping or medication collection** or just a chat, please don't hesitate to contact us by return of this email on info@llandaff50plus.com or leave a message on 0775 8939 141 and we'll return your call.

High Street News: A great announcement for our 30th edition – the **Summer Palace** will open on 21st October. It will be for takeaways only, there will be no seated meals, at the moment.



The Pound Update: The Buildings Advisory Group has been to The Pound to learn how to use the security, entry and heating systems. There will be more demonstrations of the solar slates and panels, heat exchanger, air source heat pump, and rainwater harvesting tank over the next few weeks. Socially-distanced visits are being planned for Pound Founders, Members and Supporters during the coming months. These will be booked and timed appointments to ensure everyone's safety. And this is the new/old window in the Heritage Centre (left).

Facemasks and visors: There are several different types of facemasks out there and Halls are selling extremely colourful masks, made locally, in aid of Guide Dogs for the Blind. We are also trialling several types of visors, as it's good to see people's faces, and are particularly fond of these (pictured right). We are wearing them, at the moment, and will let you know our findings.



Postal Scam: We've been told about a double scam that's doing the rounds. It's telling people to be aware of cards put through your letterbox suggesting that a parcel couldn't be delivered, and asking you to call a premium rate number. It then gives a 020 (London) number to ring, to report receiving this card to Royal Mail Fraud. However, this information is also false and you are advised not to call the number. If you wish to contact Royal Mail Fraud tel 0800 113 466 or email scam.mail@royalmail.com

This week's photo from the Llandaff Society Archive shows a spectacular image of the top of the High Street after the Boer War. A large version of this photo can be seen in Jaspers Tea Rooms.



Keep safe, keep smiling, keep to your own household (unless you live alone) but still keep your distance anyway!

Your Llandaff 50+ committee.

www.llandaff50plus.com

Tel: 0775 8939 141

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