



# Llandaff 50+

Patrons: Baroness Finlay of Llandaff  
Matthew Williams, Emeritus Curator of Cardiff Castle



## Virus News 42 – Wednesday 30<sup>th</sup> December 2020

We hope you're all keeping well and safe. Here are the **current** Welsh Government regulations:

**Cardiff is under a stay-at-home lockdown, in line with the rules in alert level four (very high risk)**  
Only mix indoors or outdoors with **members of your own household** or support bubble.  
**If you live alone, you can form a support bubble with one other household.**  
Bars, restaurants, cafes and pubs are closed, except for takeaway and delivery.  
Entertainment venues, non-essential shops and hairdressers are closed.  
Do not travel outside your area without a reasonable excuse.

We need to continue to be careful so, **if you are in need of help with shopping or medication collection** or just a chat, please don't hesitate to contact us by return of this email on [info@llandaff50plus.com](mailto:info@llandaff50plus.com) or leave a message on 0775 8939 141 and we'll return your call.



**High Street and River Taff Views:** A big thank you to Jim for sending us this lovely image of the High Street, taken on Christmas Day with a stunning sky. And another from Paul showing the Taff in full flow this week.



**Winter Stories:** The Older People's Commissioner for Wales, Helena Herklots, is looking to work with people over the next few months, and share their personal stories about what their lives are like through the winter – about the plans and actions they're putting in place to help them get through the months ahead. This will: help her to understand the challenges being faced and ensure that action is taken and; provide evidence that shows where improvements are needed, so that she can influence plans and decisions by Welsh Government and other public bodies in Wales.

If you would like to get involved, email [A.A.Murray@swansea.ac.uk](mailto:A.A.Murray@swansea.ac.uk) or call 0750 723 8596

**Old Diary Stories:** Joyce has been reading through her diary from 1973 and found this:

**January 1 Monday** – I said to the man that stood at the gate of the year – Give me a light that I may walk *unafraid* in to the unknown and he said "Put your hand into the hand of God and that shall be better than a light or *known* way". I hope to record something pleasant each day, even the bluest.... Today was pink at sunrise and sunset and I feel optimistic.  
**January 23 Tuesday** – I don't think I can keep this up – au revoir to the diary. Cheering thought for today? If winter comes, can spring be far behind?

This week's picture from the Llandaff Society shows the Parish Fete circa 1938. The reverse says "There'll always be a Llandaff, while there's a Parish Fête, with Charlie Morgan selling programmes at the gate."



Keep safe, keep smiling, keep sharing stories, but keep your distance.

Hoping you have a great New Year!  
From your Llandaff 50+ committee.

[www.llandaff50plus.com](http://www.llandaff50plus.com)

Tel: 0775 8939 141

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